

Year 7-9 curriculum sequencing skeleton- learning for life

Year 7			Year 8		Year 9		
1	Understanding our world	Introduction to Learning for Life <i>(Empathy)</i>		Introduction to Year 8 Learning for Life <i>(Expectations & RSE survey)</i>		Introduction to Year 9 Learning for Life <i>(Empathy & RSE survey)</i>	
2		Behaviour and expectations at Chapel <i>(What is REAL? How should we behave so that everyone feels safe and can learn?)</i>	Understanding myself	Introduction to mental health <i>What is mental health?</i>	Understanding relationships	Let’s Talk About Sex! <i>(2022-23 only)</i>	
3				Self-harm <i>What might be the underlying causes of self-harm?</i>		Consent <i>Why is consent so important?</i>	
4				What Is RSE? <i>How has sex ed. been taught historically?</i>		Eating Disorders <i>How might these affect me?</i>	Coercive behaviour <i>What might a coercive relationship look like?</i>
5				Career progression <i>Where do I go from here?</i>		Smoking and vaping <i>What are the risks of smoking and vaping?</i>	
6				Gender Stereotyping <i>Why is labelling things for girls and things for boys harmful?</i>		Drugs <i>What are the risks of taking different drugs? What does the law say?</i>	Sexting <i>What is sexting? What is the law about it?</i>
7						Resilience <i>What does it mean to be assertive? How can I be more resilient?</i>	Pornography <i>Why is watching pornography a risk?</i>
8	Understanding relationships	LGBTQAI+ <i>Using fiction as a way in, what does it mean to be LGBTQAI+? What is homophobia? Where we can we turn if we’re confused about our own sexuality or gender?</i>		UR		Loss <i>How do I get over losing someone?</i>	Understanding our world
9			Gaming <i>What are the risks of playing online?</i>		Modern masculinity <i>What does it mean to be a boy today?</i>		
10			Healthy relationships <i>What do healthy and unhealthy relationships look like?</i>		BLM <i>What is Black Lives Matter? Why is it so important? How does it affect all our lives?</i>		
11		Chapel Calls It Out <i>What is misogyny and how do I report things I feel unhappy about?</i>	Let’s Talk About Sex!				
12		Domestic abuse <i>What classes as domestic abuse and where can I turn if I need to talk?</i>	Child-on-child abuse <i>What is it? What do I do if I experience or see it?</i>		UM	Time online <i>What are the risks of sending too much time online?</i>	
13		Toxic friendship <i>How do I identify an unhealthy friendship?</i>	Gangs <i>What are gangs and why do people join them? What are the risks of joining a gang?</i>			Healthy body, Healthy mind. <i>How do I keep my mind and body healthy?</i>	
14	Understanding myself	Periods <i>What is a period; how might it impact me?</i>	Understanding our world	UR	RSE follow up <i>Follow up lesson based on survey results</i>		
15		Online Safety <i>What are the dangers online?</i>					
16		Vaccinations <i>What do they do? How do they work?</i>					
17	UR	RSE follow-up <i>Follow up lesson based on survey results</i>	UR				